

Fatigue Risk Management course (FRM)

The FRM course meets the EASA Part ORO.FTL.250 requirements which specifically address ways to deal with fatigue within defined and agreed context. Further, with the goal of using current scientific knowledge to update policy and provide tools and techniques for improving air safety, cost effective, safe scheduling and to provide the necessary training and support for its employees to fulfil International and National regulatory requirements.

We provide all necessary scientific and technical support to successfully implement and train Fatigue Risk Management courses. Our approach complies with future EASA Performance-based environment and follows the new EASA fatigue management regulations (AMC1 ORO.FTL.250) as well as the EASA FTL rules (Reg. 83/2014) (in place from February 2016).

Our Fatigue Management training is designed for:

- crew members
- personnel responsible for preparation and maintenance of crew rosters
- management personnel concerned

Method

- Evaluate current work process, provide feedback on potential risks and proposed changes.
- Development and implementation of the FRMS policy, Procedure and Processes designed with collaboration with the National Aviation Authority (NAA).
- Optionally, the course provides the assessment of current operations using the latest scientific approved wrist actigraphy, fatigue assessment and bio-mathematical tools
- We can monitor, adapt and validate the procedures and processes to enable safe and cost-effective schedules to be constructed.
- We design and deliver required Training Courses.

Duration of course

The course requires three to five consecutive days of 7 hours training per day (depending on your requirement and initial or recurrent training).

In-house or in locations

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